



Exercise Class Timetable

Term 4 2020

Monday 12th October - Saturday 19th December

Mon	Tues	Wed	Thu	Friday	Sat
Morning Classes:					
7.30 Advanced Fiona Online Only	7.30 Level 4 Jane		7.30 Level 4 Fiona In Gym Only		
9.00 Level 3 Fiona Online Only	9.00 Level 3 Narveen	9.00 Level 1 Jane	9.00 Advanced Fiona In Gym Only	9.00 Level 3 Jane	9.00 Circuit Ilona
10.15 Level 2 Fiona Online Only	10.15 Level 2 Narveen	10.15 Level 2 Jane	10.15 Level 3 Fiona In Gym Only	10.30 Level 1 Rachael	
11.30 Level 2 Gabrielle		11.30 Level 3 Jane	11.30 Level 2 Fiona In Gym Only	12.00 Level 2 Rachael	
Afternoon/Evening Classes:					
		3.45 POWER closed class Gabrielle	4.30 Level 2 Gabrielle	4.30 Teen Class Narveen	
		4.45 Level 1 Gabrielle			
6.00 Level 3 Gabrielle		6.00 Level 2 Ilona			

Where: 5 Knox St, Double Bay (Entrance Goldman Lane)